

# GOOD HOUSEKEEPING

## 13 Best Neck Creams That Really Work to Firm and Tighten Sagging Skin

Say goodbye to turkey necks, double chins and more for good.



BY BLAKE BAKKILA AND APRIL FRANZINO Mar 24, 2022



AMAZON

You already know wearing moisturizer and SPF daily on your face is important for keeping skin healthy and youthful, but did you know the **skin on your neck is 50% thinner than that on your face?** That means it's more prone to wrinkles and looseness. "Neck skin is super thin because it has less oil glands, meaning it needs more moisture than the face," says Neda Mehr, M.D., a dermatologist and founder of Pure Dermatology Cosmetic and Hair Center in Newport Beach, California. "Since dry skin leads to fine lines and wrinkles, hydration is key for the neck area." In addition, she says, "neck skin becomes crepey quicker than the face because the collagen layer is thinner."

To keeping your neck skin looking youthful, you can use products like moisturizers that help strengthen the skin against signs of aging, says Dendy Engelman, M.D., a dermatologist in New York City. "Neck creams are typically thicker than facial creams and are formulated with specific ingredients to help lift and tighten the loose, crepey neck and décolleté skin that occurs as we age, due to collagen and elastin loss," Dr. Mehr explains.



BEST NECK CREAM FOR TURKEY  
NECK

## Techno Neck Perfecting Cream

SKINBETTER SCIENCE

\$140 AT SKINBETTER

### WHY WE LOVE IT

- ✓ Helps firm lax skin
- ✓ Smooths crepey texture

### TAKE NOTE

- ✗ Pricey

If you have that **telltale skin crepeiness and looseness known as "turkey neck,"** turn to this

SkinBetter Science neck cream, recommended by both Dr. Mehr and Dr. Brauer. "It not only improves the appearance of laxity and crepeiness, but also hydrates the skin, increasing its suppleness," Dr. Mehr explains.

- **Main ingredients:** Niacinamide, peptides, vitamin E
- **Key benefits:** Firming, smoothing
- **Size:** 1.7 oz.