



# PURE DERMATOLOGY

COSMETIC & HAIR CENTER

## BIOPSY AFTERCARE INSTRUCTIONS

*Attn: All results take up to 2 weeks to process. Results will be mailed to you; if your results require further treatment or attention, you will additionally be notified by our Surgical Pathology Coordinator as soon as your results are back. Benign results (not requiring further attention) will additionally be texted to you if your phone number is current in our system)*

Although this was a minor procedure, there is still a chance of complications. Some bleeding may occur. If so, apply pressure with a piece of gauze or facial tissue for a full 15 minutes. It is normal for healing wounds to feel slightly tender to the touch or itch and to look pink around the edges. A small amount of clear or slightly yellow tinged drainage is also normal.

### Shave Biopsy Aftercare:

1. Do not get the biopsied area wet for 24 hours.
2. Clean the area twice daily (AM & PM) with lukewarm water.
3. Apply Neosporin with a cotton swab. (if you have a Neosporin allergy use Vaseline/Aquaphor instead).
4. Apply a fresh bandage twice daily (AM & PM) until healed, usually 5-7 days. Keeping the area covered will help speed the healing.
5. For the first 24 hours: Do not take aspirin or Ibuprofen products. Do not drink alcoholic beverages or take oral vitamin E or Omega 3's (as these may cause bleeding).

### Next Steps:

1. A letter with your pathology results will be mailed to you within 2-3 weeks with instructions on further steps. Your pathology results will also be electronically published to your Patient Portal. (See below for how to access your Pure Derm Patient Portal)
2. If any biopsy site needs surgery, our office will call you to schedule.
3. Please keep your follow-up appointments to re-evaluate your biopsy sites. You can also contact our surgical coordinator at (949) 706-1469 Option 5.

### Patient Portal: To View Results

**Link:** will be sent to your email. If you don't have an email, log into [purederm.ema.md](http://purederm.ema.md)

**Username:** email address (if provided to our Front Office)

Otherwise, capital letter of first name and lowercase last name and last two digits of birth year (example: John Doe DOB 02/01/2018, username Jdoe18)

**Password:** Password1 (P has to be capitalized).

You will be able to change your password after first login.

**Temporary password link will expire 24 hours after activation.**

**If you experience excessive pain, swelling or believe you may have an infection please call our back office triage direct line at (949 )706-1469 Option 5. If you are experiencing a medical emergency dial 911.**