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LINE 'EM UP

How to Layer Your Skin-Care Products in the Correct Order

We asked dermatologists to break down the order in which to apply skin-care products for optimal use. Consider this your comprehensive guide.



You can also opt for toners with exfoliating ingredients. **Neda Mehr**, M.D., a board-certified dermatologist based in California, explains that both **salicylic** and glycolic acids act as exfoliants to loosen dead skin cells and keep pores clear. Dr. Mehr adds that this step should go before putting on a serum so that the serum can penetrate deeper.

If you want a deeper exfoliation, she suggests using peel pads like **DermBx peel pillows** as your very first step before toning. Since peels tend to be on the harsher side, this is something you shouldn't do every day.

4. Treat Those Blemishes

Exfoliating the skin and keeping pores clear of dirt debris is key for **acne-prone** skin. But when breakouts do happen, Dr. Mehr suggests reaching for an acne spot cream that contains benzoyl peroxide. **Benzoyl peroxide** is a chemical compound that destroys bacteria and has anti-inflammatory properties, which makes it one of those hero ingredients ideal to treat acne. Put this on after a serum as it will have a thicker consistency, but before a moisturizer.