



# **STUNNER!** Expert reveals which RHONJ star is the most beautiful, according to the golden ratio –& Teresa Giudice's NOT at the top

**IT'S NO secret that most of the Real Housewives stars have gotten work done, and the New Jersey ladies are no different.**

An expert has revealed which housewife is the most beautiful according to the Golden Ratio, taking any facial enhancements into consideration.



According to Dr. Neda Mehr, board-certified celebrity dermatologist and founder of skincare brand [dermBx](#), the Golden Ratio is a mathematical equation that is used to determine the ideal proportions of an object.

Also known as Phi, it was famously used by Leonardo da Vinci in his painting of the Mona Lisa to give her the ideal facial aesthetic.

Hundreds of years later, it is still used to measure the symmetry of one's face.

Dr. Mehr has reviewed past and present photos of the Real Housewives of New Jersey to determine each cast member's Golden Ratio and used her analysis to recommend treatments for their skin and facial structures.

Surprisingly, the most beautiful woman has seemingly had the least work done.

## MELISSA GORGA



**Melissa Gorga stuns in an Instagram photo in 2021** Credit: Instagram

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**Ratio: 82/100**

With the highest Golden Ratio score of the group, Dr. Mehr gave Melissa Gorga a raving review.

She said she is doing exactly what she needs to do in terms of fillers and isn't going over the top.



# DOLORES CATANIA



**Jennifer Aydin and Dolores Catania pose at Jennifer's first Annual Masquerade Ball in 2021** Credit: Splash

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**Ratio: 79/100**

“I’d love to improve those fine lines around the corners of her mouth,” Dr. Mehr stated of Dolores Catania’s face.

“A treatment safe for her Mediterranean skin tone is called E-matrix.

“It uses radio-frequency to mildly resurface fine lines and wrinkles.”

She added: “Dolores is always welcome to try this at my office.”

# MARGARET JOSEPHS



**Ratio: 78/100**

“I suspect Margaret had a lower facelift to enhance her natural heart face,” Dr. Mehr theorized.

According to Dr. Mehr, a facelift turns out best when you properly prep for it.

“The key is to improve the quality of the skin with lasers and products a minimum of one year prior to the procedure.

“I suggest treatments with minimal downtime, such as Clear & Brilliant, to improve the quality of the skin for anyone,” she explained.

## JENNIFER AYDIN



**The Real Housewives of New Jersey fans slammed Jennifer Aydin for getting a 'botched' nose job in 2022** Credit: Instagram / Jennifer Aydin

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**Ratio: 78/100**

Although Jennifer Aydin didn't have the lowest Golden Ratio score of the group, Dr. Mehr wasn't too happy about the work she's had done.

She complained that Jennifer has “‘plumpy’ fillers and ‘plumpy’ breast implants.”



# JACKIE GOLDSCHNEIDER



Jackie Goldschneider attends the launch party Not All Diamonds and Rosé: The Inside Story of The Real Housewives from the People Who Lived It in 2021

Credit: Getty

Ratio: 78/100

“Ms. Jackie's eyes don't match the rest of her features,” Dr. Mehr stated.

“Pairing treatments such as Thermage FLX & a good retinol-based eye cream will do just the trick.”

# TERESA GIUDICE



## **Ratio: 77/100**

Commenting on the work Teresa Giudice has had done, Dr. Mehr said her style likely follows the mantra: “bigger is better.”

“If I can give one piece of anti-aging advice, it’s to tighten before you fill.

“Theresa has aged beautifully, but has gone a little over the top with filler,” she noted.

Dr. Mehr is no stranger to applying the Golden Ratio to the stars of some of television’s most popular reality shows.

She previously critiqued the faces of the cast of [Vanderpump Rules](#), and the prettiest cast member per the Golden Ratio is a bit shocking.