



EXPERT ANALYSIS The most beautiful cast member of Vanderpump Rules revealed, according to the Golden Ratio

IT'S NO secret that The Vanderpump Rules cast is made up of some handsome hunks and gorgeous gals, but who is the most beautiful of them all?

Celebrity dermatologist and founder of [dermBx](#), Dr. Neda Mehr, used the Golden Ratio to determine who takes the top prize – and the result might surprise you.



While some of the cast members received a high Golden Ratio score, Dr. Mehr was not impressed with everyone Credit: NBCU Photo Bank/NBCUniversal via

The Golden Ratio is a science-based method for measuring one's facial features to see how closely they align with the ideal facial proportions, also known as Phi.

According to Dr. Mehr, there are four zones of aging, which affect the facial structure and consequently, one's Golden Ratio score.

"We first have bones, and above bones, we have muscle, and above muscle we have fascia, then our skin on top," she told The Sun.

"As we age, our body wants to harvest the calcium in our bones, so what used to sit nice and high over time shrinks, which leads us to laxity and volume loss in the three remaining zones."

However, because the space between one's eyes never changes from birth, we are able to use that as an accurate tool for determining the Golden Ratio of one's natural face.

Despite aging changing the appearance of the face, Dr. Mehr noted that the "so-called 'Golden Ratio' can be pushed to the limits" because professionals like herself "use these same points to maintain the patients' youthfulness with injectables and tightening treatments."

And according to her, not everyone on the Vanderpump Rules cast has been wise with the work they've had done.

Here's Dr. Mehr's scoring of each cast member's face, including a brief analysis of the work they've potentially had done to help enhance their facial features.

LISA VANDERPUMP



Ratio: 82/100

“Lisa Vanderpump has such stunning natural features that even in her senior years, she’ll get the over-the-shoulder comment: ‘You can tell she was beautiful when she was younger,’” Dr. Mehr noted.

SCHEANA SHAY



Ratio: 76/100

According to Dr. Mehr, Scheana has a petite facial structure, so it’s easy for her to look “overdone” in terms of the work she’s had done.

“Although fillers can be addicting, it is up to us as Master Injectors to limit the amount used and make sure there is harmonious volume throughout the entire face,” she explained.

ARIANA MADIX



Ratio: 77/100

Dr. Mehr hinted that Ariana’s natural beauty might have helped her receive a higher Golden Ratio score.

“This is what happens when the small-town girl is introduced to the ‘Hollywood Glamour’ look.

“I would have encouraged a patient like this to be comfortable in her skin.

“Less is more when you’re diving into aesthetics,” she said.

BROCK DAVIES



Ratio: 79/100

“Brock has strong masculine features and seems to have a natural sun-kissed complexion,” Dr. Mehr explained to The Sun.

“Due to this, it’s important Brock continues to wear SPF daily and keep his skin hydrated.

“Overall, it seems he is on the right path to a long-lasting youthful appearance.”

RANDALL EMMETT



Ratio: 77/100

Dr. Mehr seemed concerned about Randall's skin, saying it "seems to reflect a lack of sleep and present stress in his life."

"Due to his rosacea, it could be assumed that he is drinking a high amount of alcohol or excessive sun exposure," she added.

"Treatments such as excel-v or V-beam can help minimize the appearance of redness."

JAMES KENNEDY



Ratio: 77/100

Dr. Mehr shared a positive report about James' face, saying his "complexion seems to be well hydrated and remains youthful."

She also noted that his sober lifestyle is certainly helping his face retain a young glow.

"I would recommend continuing an anti-aging skin routine and wearing SPF every day for his light complexion," she said.

LALA KENT



Ratio: 76/100

“Lala is naturally beautiful but appears to be overdone on the facial treatments,” Dr. Mehr argued.

“Her skin complexion looks very healthy but I would suggest toning down the treatments unless it is general maintenance, and allowing her more natural features to shine through.”

TOM SANDOVAL



Ratio: 71/100

Dr. Mehr believes Tom’s face looks “very dehydrated” and recommended that he “washes his face thoroughly” day and night.

“I would suggest making sure he washes his face thoroughly morning and evening as well as cleansing directly after a workout.

“I 100% recommend using the dermBx essential system,” she said.

KATE MALONEY-SCHWARTZ



Ratio: 80/100

Dr. Mehr gave a raving review for Kate's face.

"She looks very healthy and not overly done.

"Her face looks how you would want it to when wearing makeup – only an enhancement and not to hide anything," she gushed.

RAQUEL LEVISS



Ratio: 78/100

"Raquel is stunning.

"Her eyes are a beautiful feature and my recommendation would be to take care of her eyes with a retinol eye cream every other night, and a hydrating eye cream every morning," Dr. Mehr said.

She noted that it looks like Raquel may be using some filler in her face, but doesn't overdo it.

CHARLI BURNETT



Ratio: 79/100

“Charli is beautiful with an infectious Latina presence,” Dr. Behr told The Sun.

“I can see she has a very natural appearance and would only recommend being sure she is drinking plenty of water and eating an anti-inflammatory diet.

“Doing a Hydrafacial with Lymphatic drainage will reduce the puffiness under her eyes,” she noted.